

Patient Instructions

Name of Patient: Polly Tennant

age 25

Description of the patient & instructions to simulator:

PSO

Just, I'm having to use - because, I work talking on the phone quite a lot, so I'm having to use the other side quite a lot.

I'm right handed, I'm supposed to use a headset, but I don't, I prefer the phone.

I'm a tenant liaison administrator. So a lot of time on the phone.

I don't smoke. No other bad habits. No kissing contacts apart from my husband. He's got a bad cold at the moment. (His throat is fine though.)

No, we've got two little girls. Three and my youngest was one yesterday. Yeah, we've got loads of family around.

If asked about contraception: I've not had any periods since before my daughter, but I'm breastfeeding. Having two children, that's enough precaution. No, we just kind of use condoms. No, I don't need any contraceptive advice.

First line and history

So, for the past few days, I've thought there was something wrong with my hearing. Yeah, my husband's been getting really annoyed at me for not hearing what he was saying and what have you, and today I've woken up and it's quite sore. Down here's all sore and I've got a sore throat.

Yeah, so I just thought I'd come and get it checked out.

If asked if you have had this sort of thing before: Yeah, probably in the past, but it has just been an ear infection.

Are you achy or sore or anything?

Ideas – I just kind of think it might be the start of an ear infection or something. Something's going on there. And a sore throat – it's winter. No I hadn't thought of the flu. Yeah. I've had flu once before and it completely wiped me out, so I thought unless I'm on the sofa and can't get up, it's generally not flu.

Concerns – No, well, the only thing is that one of my colleagues has got tonsillitis, so - but I don't know. I have used her phone, but I don't really know how you get tonsillitis. That's the only kind of thing that's possibly been going on.

Yeah, because what I'm concerned about is, is that it gets worse and every where's closed over Christmas.

Expectations – Not really, no, I just kind of...

If pressed for more information: Just advice. If I need any medication it might be difficult to get it over Christmas.

